

The Camp

This is an affordable 4 day camp with premium coaching and training. The camp is designed to offer superb technique sessions from National Champions and All-Americans, intense practice, tough competition, and great team bonding opportunities

Camp Grade Divisions:

K-6 Youth , 6-8 Middle School and 9-12 High School

*We will use grades from the 2013-14 wrestling season for camp.

Camp Awards

T-shirts for dual team champions, Team Olympics and Takedown Tournament Champions

MONDAY CAMP SCHEDULE

6:00pm-9:00pmCheck-in and Weigh-in

TUESDAY CAMP SCHEDULE

9:00-12:00Check-in and Weigh-in

12:00-2:00Technique

2:00-4:00Duals

4:00-4:40Team Olympics

4:40-5:00Shower

5:00-6:00Supper

6:00-8:00Night Activity

8:00-10:00Free Time

10:00Lights Out!!

WEDNESDAY & THURSDAY CAMP SCHEDULE

7:00-9:00Elite Technique Session

9:00-11:00Technique

11:00-12:00Duals

12:00-1:00Lunch

1:00-2:00Technique

2:00-4:00Duals

4:00-4:40Team Olympics

4:40-5:00Shower

5:00-6:00Supper

6:00-8:00Night Activity

8:00-10:00Free Time

10:00Lights Out!!

FRIDAY CAMP SCHEDULE

8:30-9:00T-shirt exchange

9:00-11:00Technique

11:00-12:00Duals

12:00-1:00Lunch

1:00-3:00Takedown Tournament

WHAT TO BRING: At least 4 sets of work out clothes and street clothes. wrestling shoes, running shoes, extra team school clean shirt to exchange with other camp participants, head gear, swim suit, towel, pillow, sleeping bag, linens, toiletries and spending money to purchase gear and snacks.

What coaches are saying about us...

We brought 20+ wrestlers from Michigan. Best camp we have ever attended. Excellent competition and the technicians were outstanding. If you want an exceptional camp experience at an unbelievable price I would highly recommend you contact Joel & Steve at ISI. See you in Iowa!!

Jon Weinzweig DeWitt Michigan Youth Club Wrestling Coach

"Iron Sharpens Iron is one of the best team camps we've been to in my 10 years of coaching. The technique sessions were some of the best out there and the individual matches my kids picked up were unbelievable. It did wonders in preparing my team for the upcoming season. We drove over 6 hours to this camp and would do it again in a heartbeat".

Matt Coufal Malcolm, NE HS Coach

"ISI was a great experience for my athletes, not only did we get a ton of mat time with kids from all over the country, but my guys also received top level technique instruction from some of the biggest names in the sport. We will definitely be back!" - Brent Wasche Timber Creek HS Fort Worth, TX Coach

ISI by the numbers...

764 wrestlers from 12 different states

598 AAU/State Qualifiers

381 AAU/State Place Winners

67 AAU/State Champions

21 Regional Dual Qualifying Teams

12 State Dual Qualifying Teams

6 Nationally Ranked Teams

Special thanks to our 2014 Camp Sponsors

Defense Soap, Elite Sports, Barbarian Apparel & Hunt Graphic Innovations

THE CAMP STORE

IS AVAILABLE DURING ALL SESSIONS.

The store has t-shirts, dri-fit shirts, shorts, fighter shorts, sweats, defense soap items and other wrestling items that are only available in this store. Other items in the store includes: bottled Gatorade, bottle water, candy, chips, and other snacks as well as other camp necessities.

Visit us on Facebook, Twitter and Youtube

Visit us on Facebook, Twitter and Youtube

Like us on Facebook search-Iron Sharpens Iron Team Wrestling Camp

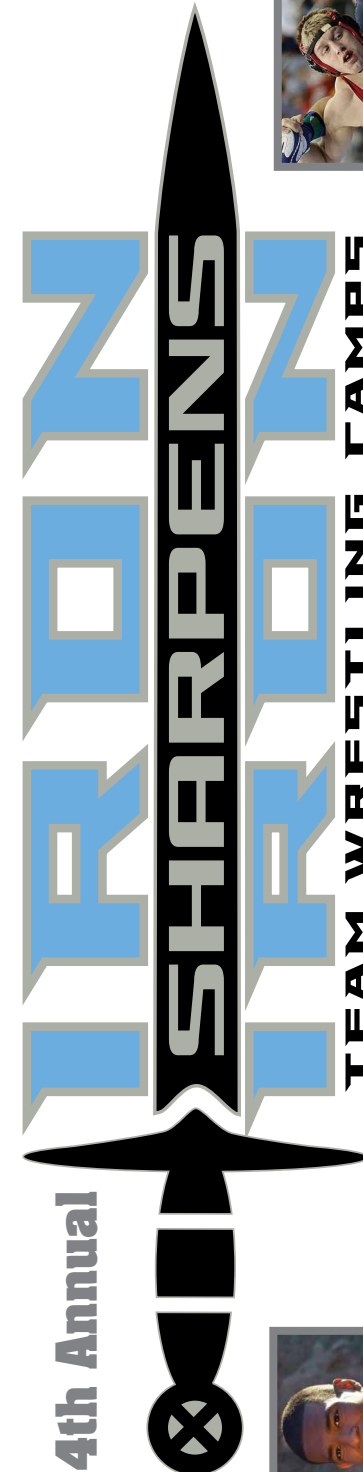
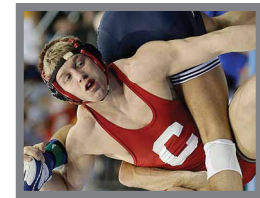
Follow us on Twitter search-@ISITeamCamp

View us on Youtube search-Iron Sharpens Iron Wrestling Camp

Co-Directors Joel Allen and Steve Farrell

Additional Counselors TBA.

You will be dismissed from camp for any of the following;
Anything associated with bullying/hazing, alcohol/drugs/tobacco, theft, disrespecting others and vandalism



Featuring Anthony Robles and Kyle Dake



CAMP 1 - June 24th-27th

CENTRAL COMMUNITY SCHOOL DISTRICT

519 East 11th Street, DeWitt, Iowa 52742

CAMP 2 - July 8th-11th

NORMAL COMMUNITY WEST HIGH SCHOOL

501 North Parkside Rd. Normal, IL 61761

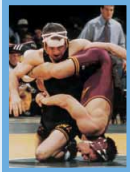
4th Annual

CAMP COUNSELORS

CAMP 1 - June 24th-27th

CENTRAL COMMUNITY SCHOOL DISTRICT

519 East 11th Street, DeWitt, Iowa 52742



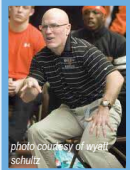
Mark Ironside - June 24th

2x National Champion at Iowa
4x All-American
Hodge Trophy Winner



Kevin Jackson - June 24th

Olympic Gold Medalist
2X World Champion
ISU Head Coach



Jim Miller - June 25th

Coach Miller won 10 NCAA National Titles, 21 consecutive Iowa Conference titles, 165 consecutive IAC dual wins, and 7 NWCA National Dual Titles as Head Coach at Wartburg College.

Jim Miller will conduct a coaches clinic on how to peak wrestlers for the postseason.



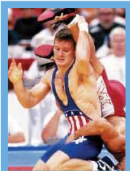
Doug Schwab - June 26th

Olympian
National Champion
UNI Head Coach



Anthony Robles - June 26th

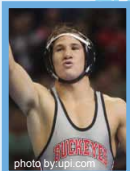
NCAA Champion
University of Arizona State
3x All-American



Tom Brands - June 27th

Olympic Gold Medalist
World Champion
3X National Champion
Iowa Head coach

Either Brands or Stieber will be a counselor this year



Logan Stieber - June 27th Counselor

2x NCAA National Champion
2x Big Ten Champion
Ohio State University

CAMP 2 - July 8th-11th

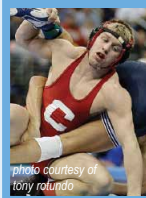
NORMAL COMMUNITY WEST HIGH SCHOOL

501 North Parkside Rd. Normal, IL 61761



Mike Krause - July 8th-11th

Youth Coach of the Century-Flo wrestling CS
National Clinician of the Year Head Youth Wrestling Coach of Team Shamrock (Feeder Program to Nationally Ranked Detroit Central)
Mike Krause will conduct a coaches clinic on how to build a championship youth program



Kyle Dake - Counselor - July 9th

4x National Champion
The only wrestler in NCAA history to win four national championships in four different weight classes.
Hodge Trophy Winner
Cornell University



Dennis Hall - July 10th

World Champion
3X Olympian
Olympic Silver Medalist
10X U.S. Open Champion



Doug Schwab - July 11th

Olympian
National Champion
UNI Head Coach



Lee Kemp

Keynote Camp Speaker @ DeWitt, IA June 27th and @ Normal, IL July 11th
Lee Kemp - 3X National Champion, 3X World Champion and Beat Dan Gable @ Northern Open 7-6.
Lee Kemp will be our keynote camp speaker his topics will be performance and nutrition.



Rumble by the River Tournament in Dubuque, IA Sunday June 15th for more information go to: www.rumblebytheriver.com

Midwest Nationals Tournament - Saturday July 12th just 5 miles from Normal, IL for more information go to: midwestnationalswrestling.com



CAMP REGISTRATION

Name: _____

Address: _____

City: _____ Zip: _____

Grade: _____ Team: _____

Phone: _____ Weight: _____

Send Registration and Checks to:

Iron Sharpens Iron Team Wrestling Camps LLC
202 Jones Ave., Bloomfield, IA 52537

Make Checks Payable to:

Iron Sharpens Iron Team Wrestling Camps LLC

Please Check Early Camp Entry Fee Options:

___ \$200 Coaches team deposit (transferable/non refundable)

To reserve a team spot!

___ Coaches are free!

___ \$75 Camp Entry with 10+ wrestlers

___ \$90 Individual without team

___ \$130 Midwest ISI Tour (Attending both camps)

ISI Midwest Tour early entry fee deadline is June 3rd

Lodging varies in price but we have as low as \$30 for the entire camp!

Call to set up a place for your team today at 319-404-0722.

Camp Location Attending: Check one or both

___ June-24-27 @ DeWitt, IA

___ July 8-11 @ Normal, IL

Early Entry Fee deadline is June 3rd @ DeWitt, IA &

June 17th @ Normal, IL.

After early camp entry deadline the price goes up to \$30 for all options!

No Refunds!

No personal checks at the door!

Pay with a school/club check, money order or cash at the door!

Each Elite technique session is \$5 extra and optional for Wednesdays and Thursdays at 7am-9am.

For more information call Steve Farrell at 319-404-0722

or e-mail: isiteamcamps@gmail.com

Lunch will be \$5 with us!

We will have local restaurant deals for breakfast and supper!

Date: _____ Health Concerns of Athlete: _____

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the Iron Sharpens Iron Team Wrestling Camp LLC. I further waive any legal action against Iron Sharpens Iron Team Wrestling Camp LLC, Central Clinton Community School District, Normal West Community School District, Steven Farrell, Joel Allen, and its employees for injuries my child may incur.

Parent's Signature: _____